

Improving Access to Diabetes Self-Management Training Services Can Save \$9.4 Billion

Diabetes Self Management Training (DSMT) is an evidence-based service that teaches people with diabetes how to effectively self-manage their diabetes and cope with the disease. Because DSMT has undisputed health benefits and major cost-savings for Medicare, the Association of Diabetes Care & Education Specialists supports the **Expanding Access to Diabetes Self-Management Training Act of 2023 (S. 1832/H.R. 3842)**.

This legislation would increase utilization of DSMT by...



Providing additional hours of DSMT to eligible Medicare beneficiaries



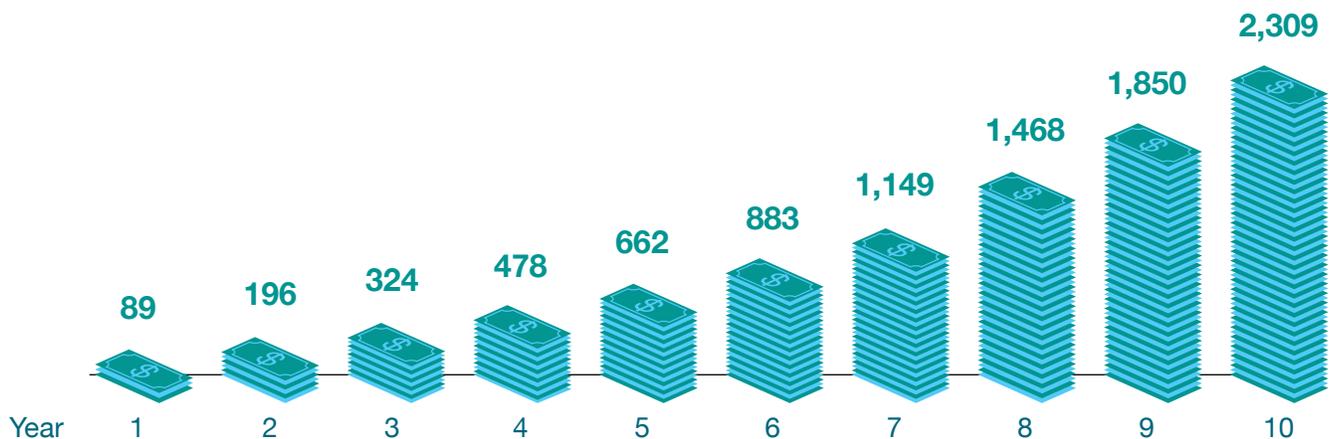
Permitting qualified non-physician practitioners to refer patients to DSMT



Eliminating cost-sharing to improve access

A study by IHS Markit evaluated the cost-savings of the **Expanding Access to Diabetes Self-Management Training Act of 2019**. With passage of the legislation, the study estimated annual Medicare spending on diabetes patients would be reduced **by a total of \$9.4 billion** over the next 10 years.

Estimated Cost-Savings of Passing the DSMT Act (in millions of \$)



Passage of DSMT Act would result in an average cost savings of **\$1,276 per year per Medicare beneficiary** and added cost-savings to patients.